Outline of Sessions

Session 1

The science of compassion and transspecies relationships:

Animal Behavior Animal Communication Emotional and social intelligence Transspecies and ecological intelligence

Session 2

Nonviolent Communication foundations (NVC)

Handout: NVC Connecting Our Hearts

Session 3

Nonviolent Communication continued:

Transspecies empathy

Transspecies requests - How do we have power with and not power over?

Handouts: How Words Matter, Requests and Power, Transspecies Empathy

Session 4

Transspecies ethics

Handout: Transspecies Needs Based Analysis

Session 5

Practices to change our behavior and nourish ourselves Religious, spiritual, mindfulness, behavioral approaches

Handout: Fowler's Stages of Development

Session 6

Transforming the world through transspecies relationships

Human dimensions of change

Meaning making

Experiential learning

Ethnozoology

Organizational intelligence

Handouts: Reverence for Life Experiential Learning Guide - Participant Reverence for Life Experiential Learning Guide - Leader