



**More and more UUs  
are going meat-free.**

**Less Meat  
=  
Less Heat**

**Please join us:** for the planet,  
for your health,  
for food justice,  
for the animals.

**It's time.**

Message Sponsors: Unitarian Universalist Animal Ministry - [uuam.org](http://uuam.org)  
President's Advisory Committee on Ethical Eating - [ethicaleating.uua.org](http://ethicaleating.uua.org)  
Join the discussion: [tinyurl.com/aqets8k](http://tinyurl.com/aqets8k)